Job Description

Job Title: **Psychotherapist (Casual)**

Salary: £50 p/h + holiday pay accrued + mileage

Managed By: Service Manager

Place of Work: Education, community or home placement settings in Nottingham/shire, Derbyshire, and main counselling base in Nottingham

Hours of Work: Mon-Saturday between 9am and 9pm, flexible, varies. In addition, you will also be expected to attend your own clinical supervision

Job Summary: To work as part of a team providing psychotherapy interventions to children, young people, and their families.

Main Responsibilities

1. To work as part of a team offering time limited psychotherapy interventions to children, young people and their families in Nottingham/shire and Derbyshire. To offer therapy remotely where applicable.

2. To offer one or more of the following therapeutic approaches; Theraplay, Art therapy, Music therapy, Drama therapy, Lego therapy, Dance and movement therapy, DDP, CBT, DBT, MCBT, EMDR, Systemic / multi-systemic therapy, or solution-focused brief therapy.

3. To provide case hours in line with stakeholders as agreed with the Service Manager.

4. To be aware of and ensure compliance with legal requirements and Organisation's Procedures with reference to Safeguarding young people and Vulnerable groups, Health and safety and GDPR.

5. To keep records confidential and in line with GDPR legislations, to make clinical notes and a written report upon case closure.

6. To attend monthly clinical supervision, management supervision and team meetings where applicable.

7. To be up to date with all training requirements and CPD to ensure continuation of professional accreditation/registration and competency in practice.

NB: If you are successful and short listed, we will require you to provide evidence of your qualifications.

Psychotherapist (Casual)

Person Specification:

Selection Criteria	Method of Assessment	Essential	Desirable
1 Training, Qualifications and Experience			
The successful candidate will have:			
1.1 A relevant professional qualification in Counselling or Psychotherapy at Diploma level or above or the equivalent and have completed at least 450 hours of supervised clinical practice since qualifying	▪ Application form ▪ Interview	✓	
1.2 For Theraplay practice- therapists must be fully qualified to level 2 and the practicum or have completed level 1 plus 8 supervised sessions operating under clinical supervision. For Dance Movement Therapy (DMT)- therapists must be qualified to postgraduate level and hold accreditation with DMT UK. For systemic practice- therapists must be qualified to systemic practitioner (intermediate) level as a minimum. Additionally, and for all other therapeutic approaches- therapists must hold registration/accreditation with the relevant governing body for their modality and adhere to their ethical framework and competency requirements. For example, BACP/UKCP.	▪ Application form ▪ Interview	✓	
1.3 Experience of working with children, young people and families in a therapeutic setting.	▪ Application form ▪ Interview	✓	

1.4 Experience of assessing the mental health needs of individuals considering their developmental needs.	▪ Application form ▪ Interview	✓	
1.5 Experience of working with children and young people who have experienced trauma and have attachment needs. Also, supporting their parents/carers.	▪ Application form	✓	
1.6 Experience of following safeguarding policies and procedures, particularly relating to the protection of children and vulnerable groups.	▪ Application form ▪ Interview	✓	
1.7 Experience of working with adopted children and their families	▪ Application form ▪ Interview		✓
2 Knowledge			
The successful candidate will be able to demonstrate knowledge and understanding of:			
2.1 The social awareness of the inequalities that affect individuals and how this can impact upon their mental health.	▪ Interview	✓	
2.2 Knowledge of the impact of trauma and attachment issues on the development of children, young people, and their families.	▪ Interview		✓
2.3 Knowledge of the benefit of working with systems around children and families, as well as their family system.	▪ Interview		✓
3 Ability			
The successful candidate will be able to:			
3.1 Be able to assist with integration of the service – to liaise with organisations and partner agencies.	▪ Application form		✓
3.2 Demonstrate competency and confidence in the use of IT/computer, including word processing, keyboard, navigation of the web, internet and email etc.	▪ Application form ▪ Interview	✓	
3.3 Work in a way that positively engages with issues of diversity and difference.	▪ Application form ▪ Interview	✓	
4 Communication Skills			
The successful candidate will be able to:			
4.1 Communicate with different groups and individuals in practice settings and various situations.	▪ Application form ▪ Interview	✓	

4.2 Actively participate at the occasional external multi -agency meeting.	▪ Application form		✓
5 Personal Attributes			
The successful candidate will demonstrate:			
5.1 A personal and professional commitment to the emotional wellbeing and improved mental health of individuals and groups they work with.	▪ Application form ▪ Interview	✓	
5.2 To be able to plan, organise and prioritise your own workload, and manage your time effectively.	▪ Application form	✓	
6 Commitment			
The successful candidate should be able to demonstrate commitment to:			
6.1 To demonstrate a commitment to equal opportunities and anti-oppressive / anti-discriminatory practice.	▪ Application form ▪ Interview	✓	
6.2 To be up to date with current debates within the counselling and psychotherapy worlds.	▪ Application form	✓	
6.3 To engage positively in continued professional development	▪ Application form	✓	
6.4 Engage in line management and clinical supervision and recognise the importance of each.	▪ Application form	✓	